



# **Adaptive Action Conversation 13**

## **Resilience:**

### **Adapt, Redesign, Implement**

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# Stretch and Fold



# Today we will . . .

- » Learn about the stretch and fold path to resilience
- » Apply stretch and fold for individuals, teams, organizations and communities
- » Practice stretching and folding
- » Create your Adaptive Action plan to increase resilience using stretch and fold

# Stretch and Fold Adapt





# Stretch and Fold Redesign



# Stretch and Fold Implement



# Stretch and Fold Myself



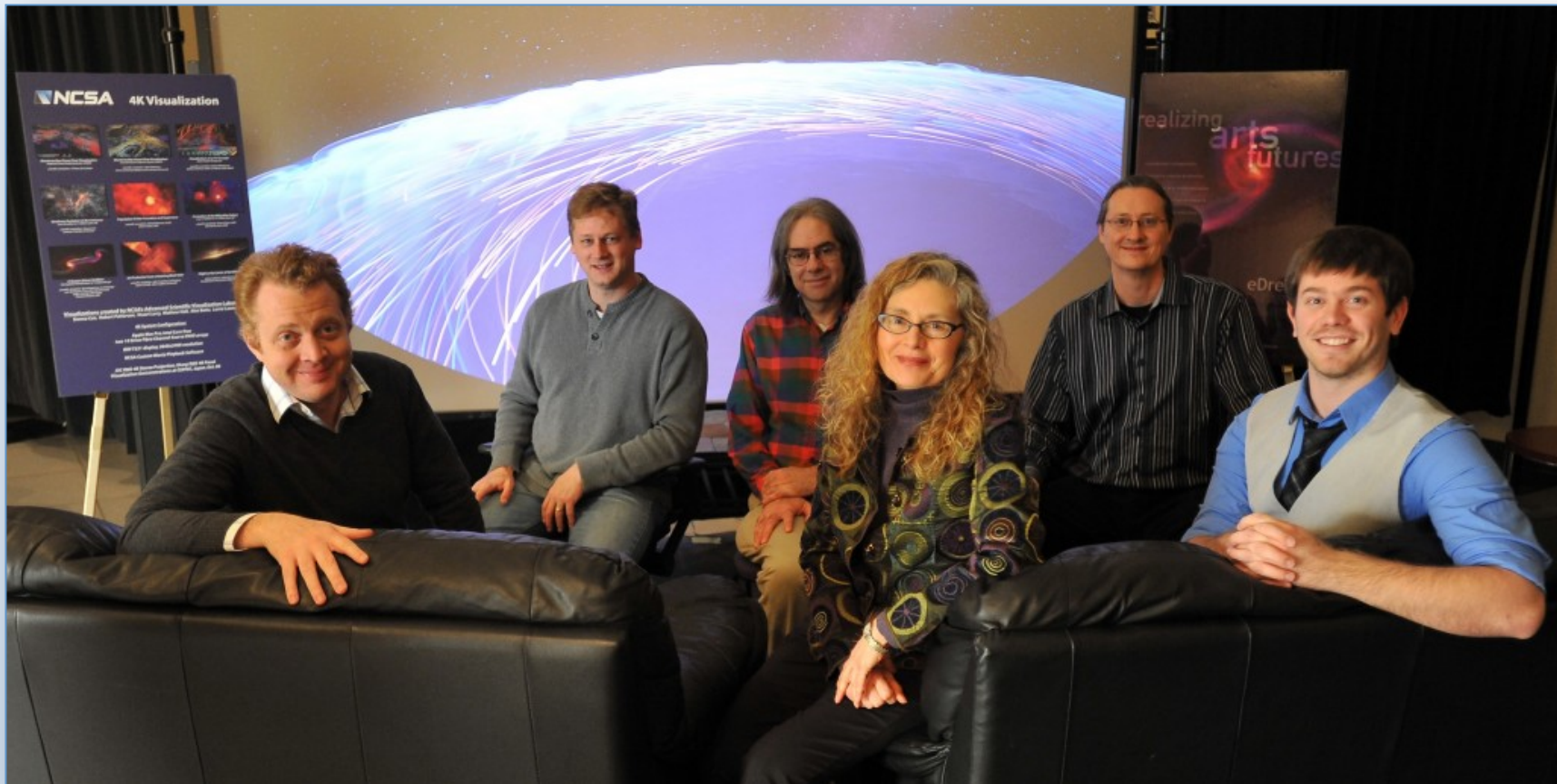


# Stretch and Fold My Relationships





# Stretch and Fold My Team



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# Stretch and Fold My Organization





# Stretch and Fold My Community



# Your Adaptive Action

## WHAT? . . .



- » What will be your focus?
- » What is the history of stretching and folding?
- » What are the current symptoms of the need to stretch? To fold?
- » What is your influence over

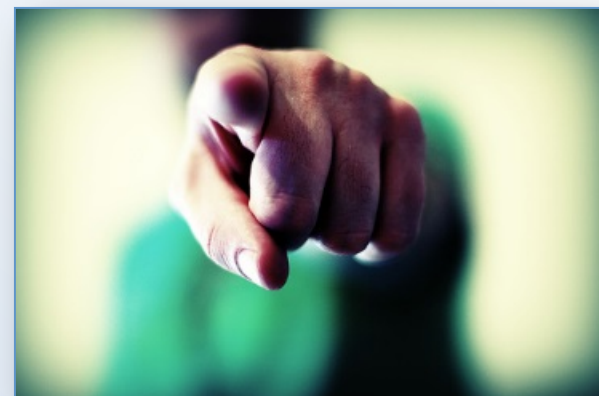




# Your Adaptive Action SO WHAT? . . .



- » So what are three options for stretching?
- » So what are three options for folding?
- » So what time do you expect to take in the next the stretch and fold cycle?



# Your Adaptive Action NOW WHAT? . . .



- » Now what will you do next?
- » Now what will you be watching for?
- » Now what are you doing to prepare for the next stretch and fold?



# More resources

## » Books

- » *Adaptive Action:  
Leveraging Uncertainty in Your Organization*  
(Eoyang & Holladay)

## » Web

- » [www.adaptiveaction.org](http://www.adaptiveaction.org)
- » [Wiki.hsdinstitute.org](http://Wiki.hsdinstitute.org)
- » [www.hsdinstitute.org](http://www.hsdinstitute.org)
- » Twitter: #hsd #adaptact @GlendaEoyang

# Your Opportunity To Become An HSD Professional



- » Patterns and Possibilities, January 23-25 in TX
- » Four months exploring an online learning ecology:
  - » Lively learning community
  - » Guided practice
  - » Large group learning
  - » Dialogues
  - » Learning packets on relevant topics
  - » Praxis Partner for support
- » [HSDInstitute.org](http://HSDInstitute.org) for more info and to register.





# Which topic are you most excited about?



<b>November 14</b> <b>11:00 – 12:00 CST</b>	<i>Resilience: Adapt, Redesign, Implement</i>
<b>December 5</b> <b>11:00 – 1:00 CST</b>	<i>Associates and Friends Annual Virtual Open House</i>
<b>February 6, 2014</b> <b>11:00 – 12:00 CST</b>	<i>Employee Engagement: Designing Exchanges</i>
<b>March 6, 2014</b> <b>11:00 – 1:00 CST</b>	<i>Quarterly Meeting—Associates and Friends Networking</i>